

Pensacola Catholic High School



Girls Lacrosse Camp
Rising Grades 3-9

Monday-Thursday
June 19-22, 2017
9:00 a.m. to 12:00 p.m.

3043 West Scott Street
Pensacola, FL 32505
850.436.6400

www.pensacolachs.org

Catholic High Girls Lacrosse Summer Camp

Camp will be led by
Head Coach Jenn Buer and
campers will be assisted by
members of the CHS Girls
Varsity Lacrosse Team.

Camp Dates:
June 19-22, 2017
9:00 a.m. to 12:00 p.m.

Camp Cost:
\$100

Camp Location:
Gorecki-LeBeau
Stadium at CHS

Questions?
Contact Coach Buer at
760-201-7974 or
jbuer@pensacolachs.org

Crusader Girls Lacrosse Camp Registration Form

I waive and release the Crusader Girls Lacrosse Camp and Catholic High School from any and all liability from injury or illness incurred during participation in the Crusader Girls Lacrosse Camp. I as parent/guardian, have actual knowledge and appreciate the particulars of the program and hereby voluntarily consent to said minor's participation, and assume the risks arising therefore. I hereby give my permission for emergency medical treatment in the event I cannot be reached.

Participant Name _____ Age _____ Parent Name(s) _____

Date of Birth _____ Grade in Fall 2017 _____ Home Phone _____ Cell Phone _____

Address _____ City _____ State _____

Zip Code _____ Email Address _____

Date _____ Signature of Parent/Guardian _____

Please complete this form and return with the \$100 fee made payable to Jennifer Buer, 2510 Yates Drive, Pensacola, FL 32503.

Players Will Learn

The Girls Lacrosse Summer Camp will combine basic skills development, offensive and defensive strategy, and lots of summer fun!

Players of all skill levels welcome! Instruction and training to develop your skills and techniques and concepts of the game.

- Stick Skills
- Dodging
- Shooting
- Offense
- Defense
- Teamwork

Each camper will receive a camp t-shirt and one on one instruction from our experienced coaching staff.

CHS Head Coach Jenn Buer
GBHS Head Coach Carlee Costello
CHS Assistant Coach Leigh Frosch



Girls Camp Equipment List

Here's what your daughter needs to bring to camp each day:

- Girls Lax Stick (extras available)
- Lax Goggles
- Mouthguard
- Cleats or Athletic Shoes
- Sunscreen
- Water Bottle
- A Great Attitude!

Lacrosse Resources

The US Lacrosse website is the go-to resource for all things lacrosse for players, parents, and coaches. US lacrosse is the sport's national governing body.

www.uslacrosse.org

Severe inclement weather may cause the cancellation a camp day.
